To Be Loving
Baha’i: Take pride not in love for yourselves but in love for your fellow-creatures. Glory not in love for your country, but in love for all mankind. *Bahá’u’lláh, Tablets of Wisdom*

To Conquer Fear With Courage
Buddhism: Courage is not doing something in the absence of fear but knowing that something else is more important than fear. So we do it. *Tsem Tulku Rinpoche*

To Put the Golden Rule into Practice
Christianity: In everything do to others as you would have them do to you. *Matthew 7:12*

To Pursue a World Where Nonviolence is the Norm
Hinduism: Nonviolence (Ahimsa) is the highest virtue, nonviolence is the highest self-control, nonviolence is the greatest gift, nonviolence is the best suffering, nonviolence is the highest sacrifice, nonviolence is the finest strength, nonviolence is the greatest friend, nonviolence is the greatest happiness, nonviolence is the highest truth, nonviolence is the greatest teaching. *Mahabharata 13.117.37-38.*

To Perform Good Deeds and Focus on Action—Not Words Alone
Islam: (And) lo! those who believe and do good works are the best of created beings. *Qur’an, 98.7 (Pickthall)*

To Forgive
Jainism: Subvert anger by forgiveness. *Samanasuttan 136*

To To Educate Ourselves and Others by Confronting Fake News Head-On
Judaism: [Wisdom] is a tree of life to those who grasp her, and whoever holds on to her is happy. *Proverbs 3:18*

To Live Peace
Native American Wisdom: It is no longer good enough to cry peace, we must act peace, live peace and live in peace. *Shenandoah*

To Be Honest
Shinto: Follow honesty without fail. *Oracle of Amaterasu at the Kotai Shrine*

To Speak With Honor by Practicing Civility
Sikhism: Speak only that which will bring you honor. *Guru Nanak, Sri Guru Granth Sahib*

To Be Grateful
Taoism: Be content with what you have; rejoice in the way things are. When you realize there is nothing lacking, the whole world belongs to you. *Lao Tzu*