A Resource for “What can you do about extremism?”

1. Find three definitions of extremism and answer the following questions.
   a. Are these definitions the same as the way people talk about it? What do they say?
   b. Can ideas and words be extremism? Or only violent actions?
   c. Have you ever heard, said or witnessed extremism in your school?

2. Name some places where you feel safe. Identify why you feel safe there. How can you help make others feel safe at school and elsewhere? Can you think of ways that talking can help make a place feel safe?

3. What is a stereotype?
   a. Find a definition for stereotype in the dictionary.
   b. How do you know whether something is accurate or a stereotype?
   c. Find something on the internet that you wonder whether it is true. Check it out.
   d. What stereotypes do you hear about different religious groups, from your friends, family or others in the community?
   e. What are the stereotypes you hear or see in the media/social media about people from different religious groups?
   f. What stereotypes do people have about your religious tradition, belief system or non-religious belief system?
   g. If you go through today’s newspaper, or go online, what do you see that unfairly reinforces stereotypes based on religion or other belief? Are they obvious or subtle? Why is that important?

4. Look up John Rawls’ (an American political philosopher) definition of social justice.
   a. Can you give an example of a social justice issue?
   b. What is/are the relationship(s) between social justice and equality/equity?
   c. What can a student do to safely promote social justice?
   d. Can you give an example of something that might prevent social justice? (ex: discrimination)

5. Look up the definition of human rights.
   a. Can you identify some human rights issues reported in the media?
   b. How do human rights relate to social justice?
6. After reading and reviewing the resource sheet, what is one way you can counter extremism?
   
a. What will you do to take action?
   b. Who are the people you can partner with to take this action?