SHARE VIONS: COURAGE

Across the world’s religions, traditions, and practices, courage is recognized as a powerful force for responding to fear – a way we can live fully and move beyond challenges and fears as they arise.¹

BAHÁ’Í
Yet, by the Living God, were there any true seeker, I would divulge it to him; for they have said: “Love is a light that never dwelleth in a heart possessed by fear.” Baha’u’llah Prayers and Meditations by Baha’u’llah, p. 212

BUDDHISM
Courage is not doing something in the absence of fear but knowing that something else is more important than fear. So we do it. Tsem Tulku Rinpoche

CHRISTIANITY
Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. John 14:27

CONFUCIANISM
There are three marks of a superior man; being virtuous, he is free from anxiety; being wise, he is free from perplexity; being brave, he is free from fear. Confucius

HINDUISM
Lead me from death to life, from falsehood to truth. Lead me from despair to hope, from fear to trust. Lead me from hate to love, from war to peace. Let peace fill our heart, our world, our universe. Peace, peace, peace. Upanishads

ISLAM
And obey Allah and His Messenger, and do not dispute and [thus] lose courage and [then] your strength would depart; and be patient. Indeed, Allah is with the patient. Qur’an 8:46 (Sahih International)²

JAINISM
Only the one who has transcended fear can experience equanimity. Mahavira (Sutrakrtanga 1/2/2/17)

JUDAISM
Do not fear for I am with you, be not discouraged for I am your God: I encouraged you, I also helped you, I also supported you with My righteous hand. Isaiah 41:10

KIKUYU
O Father, your power is greater than all powers.
O Son, under your leadership we cannot fear anything.
O Spirit, under your protection there is nothing we cannot overcome.³ Kikuyu Prayer (Kenya)
NATIVE AMERICAN WISDOM: SHAWNEE Live your life that the fear of death can never enter your heart. Trouble no one about his [or her] religion. Respect others in their views and demand that they respect yours. Love your life, perfect your life, beautify all things in your life. Tecumseh

SIKHISM
For each and every person, our Lord and Master provides sustenance. Why are you so afraid, O mind? The flamingos fly hundreds of miles, leaving their young ones behind. Who feeds them, and who teaches them to feed themselves? Have you ever thought of this in your mind? Shri Guru Granth Sahib: So Purakh (Section 03 – Part 001)\textsuperscript{v}

\textsuperscript{1} Unless otherwise noted, the calls and/or prayers for peace listed come from the Day of Prayer for World Peace in Assisi, Italy at the United Nations International Year of Peace in 1986. For more, visit http://hds.harvard.edu/life-at-hds/religious-and-spiritual-life/peace-and-justice/prayers-for-peace-and-justice
\textsuperscript{2} http://corpus.quran.com/wordmorphology.jsp?location=(6:46:6)
\textsuperscript{3} http://www.dow.org.au/connect/meaning-and-spirituality/prayer-for-today/item/kikuyu-prayer2
\textsuperscript{4} http://www.sacred-texts.com/skh/granth/gr03.htm